

SUNDAY ROAST

Turkey £15.95

Beef £19.95

FOOD ALLERGY NOTICE ASK BEFORE YOU EAT...



Please be advised that food prepared here may contain certain allergens, if you have any specific dietary requirements please notify a member of staff before ordering.



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Cucina ITALIANA

RISTORANTE & PIZZERIA

5 Star Hygiene rating by
Epping Forest Council

Highly recommended by
Essex Central Magazine

Winner - Tripadvisor 2018
"Certificate of Excellence"



Antipasti = Starters

Soup of the day £8.50 <i>By the chef-served with light tomato sauce</i>
Antipasto Mare Stet Cucina Italiana £9.95 <i>Fresh medley of seafood with lemon, oil and served with garlic bread</i>
Antipasto Italiano £12.50 <i>Cured Bresaola, salami, Parma ham and mozzarella of bufala</i>
Calamari Fritti £9.95 <i>Fresh calamari, lightly fried and served with a lime, tartar sauce</i>
Cocktail di Gamberetti £9.95 <i>Prawns with a marie rose sauce and salad garnish</i>
Gamberoni All' Aglio £12.95 <i>King prawns cooked with white wine, garlic, chilli and herbs</i>
Cozze al Vesuvio £12.95 <i>Fresh Mussels with garlic, chilli and tomato sauce</i>
Bruschetta Classica  £7.50 <i>Chopped tomato & onion with garlic, oregano, olive oil on toasted bread</i>
Prosciutto e Melone £10.50 <i>Classic Parma ham and melon</i>
Capesante al Burro £12.95 <i>Scallops, cooked in butter and sweet chilli</i>
Funghi Portobello  £8.50 <i>Grilled mushroom stuffed with parmesan, vegetables and bread crumbs</i>
Formaggio al Forno  £8.95 <i>Baked camembert, figs and onion marmalade Served with toasted bread</i>
Pate' Della Casa £8.50 <i>Duck & pork liver pate with coulis and served with a cinnamon toast</i>
Fegato Cucina Italiana £12.50 <i>Calves liver cooked with cream and wine served with garlic bread</i>
Insalata Caprese £9.95 <i>Mozzarella, sliced tomato, basil, olive oil and pesto</i>
Mozzarella in Carrozza  £8.50 <i>Mozzarella cheese deep fried in bread crumbs, served with tomato sauce</i>
Melanzane alla Parmigiana  £10.95 <i>Layers of aubergines topped with mozzarella, parmesan & tomato sauce</i>
Pesce = Fish
Filetto Branzino £22.00 <i>Fillet of seabass cooked with lemon and parsley sauce</i>
Salmon all' Erbe aromatiche £22.50 <i>Pan fried Salmon fillet cooked with Herbs and a touch of cream and tomato sauce</i>
Gamberoni Salsa Picante £23.50 <i>King prawn cooked in a white wine, garlic, chilli and tomato sauce</i>
Ala di pesce Skate £22.50 <i>Skate wing grilled with olive oil & served with chopped tomato, garlic</i>
Pesce Spada al Pomodoro £23.50 <i>Loin of swordfish cooked with tomato and sweet chilli sauce</i>
Mixed Grill Fish £27.00 <i>By the chef, served with light tomato sauce</i>

Carne = Meat

Filetto Boscaiola £28.00 <i>Fillet steak cooked with red wine, pepper, mushroom and cream sauce</i>
Costata di Manzo £31.00 <i>T-Bone steak grilled and served with a tomato sauce</i>
Agnello al Rosmarino £28.00 <i>Grilled lamb cutlets with rosemary, wine jus and cream</i>
Brasato d' Agnello £23.50 <i>Slow cooked lamb shank in a red wine sauce</i>
Vitello al Limone £22.95 <i>Pan fried veal escalope with demi glace, lemon and white wine sauce</i>
Vitello al Marsala £22.95 <i>Pan fried veal escalope with sliced mushroom, Marsala wine and cream</i>
Saltinbocca alla Romana £22.95 <i>Panfried veal escalope with olive oil, wine, sage, Bresaola</i>
Vitello Milanese £22.95 <i>Veal escalope, deep fried in bread crumbs and served with spaghetti tomato sauce</i>
Fegato alla Veneziana £24.00 <i>Chopped calves liver cooked with oil, butter, red wine, herbs, onions and gravy jus</i>

All Mains are served with a selection of fresh vegetables and potatoes

Spinaci al burro £7.00

Chips £6.00

Zucchine fritte £7.50

Mixed Salad £8.50

Garlic Bread

Plain £5.00 or Cheese £7.50

Pasta

Spaghetti/Penne/Fusilli Carbonara £15.50 <i>Ham, parmesan cheese, egg and cream</i>
Fusilli Con Pollo £15.50 <i>Fusilli cooked with tomato, chicken, garlic and onion</i>
Tagliatelle/Spaghetti/Fusilli Bolognese £15.50 <i>Classic Italian minced beef and tomato sauce</i>
Giardiniera Italiana  £15.50 <i>Penne pasta cooked with fresh vegetables and tomato sauce</i>
Lasagne dello Chef £16.00 <i>Oven baked and layered with authentic bolognese sauce & mozzarella</i>
Penne/Fusilli Arrabbiata  £15.50 <i>Penne pasta cooked in a spicy tomato and garlic sauce</i>
Linguine ai Frutti di mare £21.50 <i>Linguine cooked with tomato, mixed seafood and white wine</i>
Linguine Gamberi Peperoncino £21.50 <i>Linguine with prawns, garlic, chilli, wine and tomato sauce</i>
Tortelloni di Spinaci  £16.50 <i>Spinach and ricotta tortelloni with parmesan and tomato sauce</i>
Tortelloni funghi Alfredo  £16.50 <i>Mushroom tortelloni, parmesan, peas and cream</i>
Ravioli al Pollo £18.95 <i>Skillet of ravioli, chicken and cherry tomato and touch of cream All pasta & risotto (small portion) can be saved as starter</i>

Pollo = Chicken

Pollo Valdostana £19.95 <i>Pan fried chicken breast cooked with ham, cheese, white wine and cream</i>
Pollo al Limone £19.95 <i>Breast of chicken with white wine, lemon and capers sauce and gravy jus</i>
Pollo Milanese £19.95 <i>Chicken breast, deep fried in breadcrumbs & served with spaghetti tomato sauce</i>
Pollo con Funghi £19.95 <i>Chicken breast cooked with mushroom, onions and white wine jus and cream</i>
Pollo Siciliana £19.95 <i>Chicken breast cooked with cherry tomato, aubergine, olives, white wine and tomato sauce</i>
Pollo Picante £19.95 <i>Chicken breast cooked with chilli peppers and tomato sauce</i>

Risotto

Risotto ai Funghi  £16.95 <i>Arborio rice cooked with garlic, onions, mushroom and cream</i>
Risotto al Salmone £19.95 <i>Italian Arborio rice cooked with butter salmon and cherry tomato</i>
Risotto con Spinaci  £16.95 <i>Arborio rice cooked with spinach, parmesan and mozzarella and cream</i>
Risotto Frutti di Mare £21.95 <i>Arborio rice cooked with seafood, butter and a touch of tomato sauce</i>

Pizza 12 inches

Additional toppings £1.00 each: Onion, peppers, mushroom, spinach, chilli, pineapple, sweetcorn, jalapino, anchovie & BBQ sauce

Additional toppings £2.00 each: Ham, tuna, chicken, beef, pepperoni, turkey & BBQ chicken

Aglio £12.95 <i>Tomato sauce, mozzarella, garlic, ham, pepperoni, peppers and oregano</i>
Margherita  £10.95 <i>Tomato sauce and mozzarella</i>
Calabrese £13.50 <i>Tomato sauce, mozzarella, pepperoni, peppers, onions and oregano</i>
Pompei £13.50 <i>Tomato sauce, mozzarella, ham, mushroom and oregano</i>
Tropicale £13.50 <i>Tomato sauce, mozzarella, ham and pineapple</i>
Vegetale  £13.50 <i>Tomato sauce, mozzarella and mixed vegetables</i>
Quattro Stagioni £14.95 <i>Tomato sauce, mozzarella, ham, olive, spinach and mushroom</i>
Pollo £13.95 <i>Tomato sauce, mozzarella, chicken</i>
Quattro Formaggi  £14.50 <i>Tomato sauce, mozzarella, blue cheese, parmesan and cheddar</i>
Pepperoni £13.50 <i>Tomato sauce, mozzarella and pepperoni</i>
Calzone della Casa £15.50 <i>Tomato sauce, mozzarella, ham, salami, parmesan</i>
Meat Feast £16.00 <i>Tomato sauce, mozzarella, ham, pepperoni, turkey and beef</i>

Cucina ITALIANA

RISTORANTE & PIZZERIA

Lunch Special Menu

(A la Carte menu is also available)

FOOD ALLERGY NOTICE
ASK BEFORE YOU EAT...

 Sesame <small>FOOD ALLERGY WARNING</small>	 Nuts <small>FOOD ALLERGY WARNING</small>	 Wheat <small>FOOD ALLERGY WARNING</small>	 Milk <small>FOOD ALLERGY WARNING</small>	 Cereals <small>FOOD ALLERGY WARNING</small>
 Fish <small>FOOD ALLERGY WARNING</small>	 Soybeans <small>FOOD ALLERGY WARNING</small>	 Crustaceans <small>FOOD ALLERGY WARNING</small>	 Mustard <small>FOOD ALLERGY WARNING</small>	 Peanuts <small>FOOD ALLERGY WARNING</small>
 Eggs <small>FOOD ALLERGY WARNING</small>	 Celery & Celeriac <small>FOOD ALLERGY WARNING</small>	 Sulphur Dioxide <small>FOOD ALLERGY WARNING</small>	 Lupin <small>FOOD ALLERGY WARNING</small>	 Molluscs <small>FOOD ALLERGY WARNING</small>

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Antipasti = Starters

Calamari Fritti

Fresh Calamari, lightly fried and served with a lime, tartar sauce

Cocktail di Gamberetti

Prawns with a Marie Rose sauce and salad garnish

Cozze al Vesuvio

Fresh Mussels with garlic, chilli and tomato sauce

Bruschetta Classica

Chopped tomato and onion with garlic, oregano, olive oil on toasted bread

Funghi Portobello

Grilled mushroom stuffed with parmesan, vegetables and bread crumbs

Formaggio al forno

Baked Camembert, figs and onion marmalade. Served with toasted bread

Pate' Della Casa

Duck & pork liver pate with coulis and served with a cinnamon toast

Mozzarella in Carrozza

Mozzarella cheese deep fried in bread crumbs, served on tomato sauce

Zuppa Del Giorno

Homemade soup of the day

Senior Citizen

1 Course £12.95

2 Courses £18.95

3 Courses £24.95

A La Carte Menu
is also available

Pasta

Spaghetti/Penne Carbonara - Ham, parmesan cheese, egg and cream

Tagliatelle/Spaghetti Bolognese - Classic Italian minced Beef and tomato sauce

Lasagne dello Chef - Oven baked and layered with authentic bolognese sauce, mozzarella and cream

Penne Arrabbiata - Penne Pasta cooked in a chilli tomato and garlic sauce

Tortelloni di Spinaci  - Spinach and ricotta Tortelloni with parmesan and Tomato sauce

Spaghetti Pomodoro - Classic Italian spaghetti cooked with tomato, basil and parmesan cheese

Pesce = Fish

Filetto Branzino - Fillet of Seabass cooked with lemon and parsley sauce

Salmon all'Erbe aromatiche - Pan fried Salmon fillet cooked with Herbs & a touch of cream & tomato sauce

Merluzzo Alla Lemone - Fillet of white fish cooked with lemon, butter and white wine sauce.

Risotto

Risotto al funghi  - Arborio rice cooked in vegetable stock, garlic, onions, mushroom and cream

Risotto con Spinaci  - Arborio rice cooked with spinach, parmesan, mozzarella and cream

Risotto al Quattro Formaggi - Arborio rice cooked with mozzarella, blue cheese, parmesan & cheddar cheese.

Pollo = Chicken

Pollo Valdostana - Pan fried chicken breast cooked with ham, cheese, white wine and cream

Pollo Milanese - Chicken breast, deep fried in breadcrumbs, served with spaghetti, tomato sauce

Pollo con Funghi - Chicken breast cooked with mushroom, onions and white wine jus and touch of cream

Pollo Siciliana - Chicken breast cooked with cherry tomato, aubergine, olives, white wine and tomato sauce

Carne = Meat

Vitello al Lemone - Pan Fried veal escalope cooked with demi glace, lemon and white wine sauce

Vitello al Marsala - Pan fried veal escalope with sliced mushroom and Marsala wine and touch of cream

Vitello Milanese - Veal escalope, deep fried in bread crumbs and served with spaghetti tomato sauce

Fegato alla Veneziana - Chopped calves liver cooked with oil, butter, red wine, herbs and onions and grave jus

All Mains are served with a selection of fresh vegetables and potatoes

Contorni = Side orders

Spinaci al burro £7.00

Chips £6.00

Zucchine fritte £7.50

Mixed Salad £8.50

Garlic Bread, plain £5.00 or cheese £7.50

PIZZA

Additional toppings £1.00 - Onion, peppers, mushroom, spinach, chilli, pineapple, sweetcorn, jalapino, anchovie & BBQ sauce

Additional toppings £2.00 - Ham, tuna, chicken, beef, pepperoni, turkey & BBQ chicken

Aglio - Tomato sauce, mozzarella, garlic, ham, pepperoni, peppers and oregano

Margherita  - Tomato sauce and mozzarella

Calabrese - Tomato sauce, mozzarella, pepperoni, peppers, onions and oregano

Pompei - Tomato sauce, mozzarella, ham, mushroom and oregano

Vegetale  - Tomato sauce, mozzarella and mixed vegetables

DRAUGHT BEER

Peroni	£5.95
Peroni (half)	£3.50

BOTTLED BEER AND CIDER

Stella Artois, Budweiser, Moretti, Peroni	£4.00
Beck's Blue (alcohol free)	
Beck's	
IPA	£5.50
Kopparberg	£5.50
Magners	£5.50
Strongbow	£5.50

MINERAL

Soft Drinks	£3.50
Fruit Juice	£4.00
Still / Sparkling Water (70cl)	£5.00
Baby Mixer	£2.20
Fruit Cocktail	£5.00

SHERRY

Bristol Cream	£3.50
Tio Pepe (Dry)	£3.50
Amontillado	£3.50

PORT

Ruby	£4.00
Tawny	£4.00
Vintage Port	£4.00

APERITIFS

Campari	£4.50
Cinzano	£4.50
Dubonnet	£4.50
Martini (Dry)	£4.50
Martini (Sweet)	£4.50
Pimms No1.	£4.50
Aperol	£4.50

SPIRITS

Pernod	£3.50
Bells Whisky	£3.50
Gin	£3.50
Vodka	£3.50
Rum	£3.50
Bacardi	£3.50
Malibu	£3.50
Jack Daniels	£3.50
Jim Beam	£3.50
Jamesons	£3.50
Archers	£3.50
Canadian Club	£3.50
Southern Comfort	£3.50
Premium Spirits	£4.50

LIQUEURS

Drambuie	£3.95
Tia Maria	£3.95
Limoncello	£3.95
Benedictine	£3.95
Cointreau	£3.95
Cherry Brandy	£3.95
Crème De Menthe	£3.95
Grand Marnier	£3.95
Sambuca	£3.95
Galliano	£3.95
Tequila	£3.95
Amaretto	£3.95
Baileys	£4.50

COGNAC

Remy Martin	£4.00
Courvoisier	£4.00
Martel	£4.00
Hennesy XO	£7.95
Hine Antique	£8.95



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RISTORANTE & PIZZERIA



Drink Menu



COCKTAILS

Pina Colada	£10.95
White Rum, Malibu, Cream and Pineapple Juice	
Long Island Ice Tea	£12.00
Vodka, Gin, White Rum, Tequila, Triple Sec, Sugar, Lemon / Lime Juice & Coke	
Cucina Italiana	£9.50
Pimms and Prosecco, Strawberry	
Cosmopolitan	£8.50
Citron Vodka, Cointreau, Cranberry Juice & Lime Juice	
Aperol Spriz	£9.95
Aperol, Orange Slice, Prosecco - topped with soda water	

CHAMPAGNE & SPARKLING WINES

	Glass (20 cl)	Bottle
Moet & Chandon brut Imperial		£55.00
House Champagne		£34.95
Prosecco	£8.50	£24.95
Prosecco Rose	£8.50	£24.95

ROSE

	175ml	250ml	Bottle
Pinot Grigio Rose (Italy)	£5.95	£6.95	£18.95
Rose D'Anjou (France)	£5.95	£6.95	£21.95



WHITE WINES

	175ml	250ml	bottle
Chablis (France)			£34.95
Dry, elegant and racy, no better example of the Chardonnay grape			
Frascati (Italy)			£23.95
Rome's signature wine, smooth refreshing and dry			
Sancerre (France)			£26.95
Bone dry aromatic with gooseberry flavor			
Sauvignon Blanc	£6.95	£7.95	£24.95
Intense gooseberry and passion fruit flavours			
Gavi Di Gavi (Italy)			£33.95
Dry and crisp, aromatic			
Chardonnay	£6.95	£7.95	£23.95
Bold, Tropical fruit, rich and dry			
Pinot Grigio (Italy)	£5.95	£6.95	£18.95
Crisp, dry and refreshing			
Soave (Italy)	£6.95	£7.95	£21.95
Crispy immensely enjoyable. Fresh, smooth and dry.			
House White	£5.95	£6.95	£16.95



RED WINES

	175ml	250ml	Bottle
Amarone Valpolicella (Italy)			£44.95
Monte Pulciano D'Abruzzo-Doc	5.95	6.95	£23.95
Made by grape Montepulciano wine grape in the Abruzzo region of east-central Italy, a dry wine, deep color, strong, aromatic and flavors.			
Barolo (Italy)			£34.95
Unquestionably Italy's greatest wine. Rich tannic, alcoholic and beautifully built... yet fragrant with surprising finesse for such weighty wine.			
Definition Fleurie 2021, 13% 100%			£35.00
Fresh and fruity, with notes of red fruits, roses and violets. This is one of the few red wines that is delicious chilled, so keep this in the coolbox for something different.			
Shiraz	£5.95	£6.95	£21.95
Big, round and voluptuous with dense fruit and a rich lingering finish			
Rioja (Spain)			£22.95
Smooth, Oaky, full bodied with strawberry fruit and vanilla spice			
Malbec (Argentina)			£24.95
Smooth with dense fruit and a hint of spice			
Merlot	£5.95	£6.95	£21.95
Fruity, vibrant plum and peppers with elegant tannins			
Chianti (Italy)			£23.95
Tuscan classic, warm herby and dry			
Valpolicella (Italy)	£6.95	£7.95	£23.95
Light bodied and packed full of delicious juicy cherry fruit			
House Red	£5.95	£6.95	£16.95



Cucina ITALIANA

RISTORANTE & PIZZERIA

KID'S MENU



Cucina
ITALIANA

RISTORANTE & PIZZERIA ✨

KID'S MENU

At £7.95

Pasta Bolognese

Pasta cooked with homemade bolognese sauce.

Chicken Nuggets

Homemade Meatballs

Cooked in tomato sauce and served with pasta.

Pasta With Cream and Cheese Sauce

Lasagne and Chips

Margherita Pizza

Tomato sauce, mozzarella and oregano.

Ice Cream £2.95

Selection of flavours available.



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Desserts

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Menu

Desserts

CHOCOLATE MOUSSE

Dark chocolate, mascarpone cheese cream and egg

£7.00

TIRAMISU ITALIANO

Espresso, mascarpone cheese, savoiardi biscuits and amaretto

£7.00

TORTA DI FORMAGGIO

Italian mascarpone cheesecake served with a fruit coulis.

£6.50

PANNACOTTA NATURALE

Light and creamy pannacotta served with raspberry coulis.

£6.50

TORTA DI MELE

Baked apples and raisins in a pastry served with ice cream.

£7.00

TORTA DI CAROTE DELLO CHEF

Carrot cake made with flour, egg, carrots and chocolate, served with ice cream.

£7.00

SORBETTI

Mango or lemon sorbet.

£6.50

GELATI

Ice Cream: Cherry, chocolate, vanilla or strawberry.

£7.00

Hot Drinks

COFFEE

£3.50

LATTE

£3.50

COFFEE LIQUEUR

£6.50

HOT CHOCOLATE

£3.50

AMERICANO

£3.50

CAPPUCCINO

£3.50

ESPRESSO

£2.50

TEA

£2.50

